



May the course be with you 5k Run/Walk Waiver

Last Name: _____

First Name: _____

Age: _____

Email Address: _____
(Please write legibly to ensure receipt of all email correspondence)

Gender (Select One): M F

Status (Select One):

Active duty Family Member Retiree Civilian Contractor

Address: _____

Phone Number: _____

Waiver:

In signing this release, I acknowledge that I understand it's intent, and for myself, my heirs, executors, administrators and representatives, do hereby agree and absolve and hold harmless the MWR, NSA Bethesda, corporate sponsors, cooperating organizations and any other parties connected with this event in any way together with their respective successor and assigns (the "Sponsors") singly and collectively, from and against any blame and liability for any injury, harm, loss, inconvenience, or any other damage of any kind whatsoever, including but not limited to damage or loss to personal property which may result from or be connected in any way to my participation in this MWR event. In addition to the absolute and unqualified release from all liability, I hereby represent that I am physically capable of participating in this MWR event, that any equipment I may use to participate in this MWR event is in working condition, that I will observe all applicable traffic and MWR event rules and that I will generally conduct myself in a safe and prudent manner while participating in the MWR event and I hereby absolve and hold harmless the Sponsors from any damage I may sustain because of any breach of these representations.

I hereby consent and permit emergency treatment in the event of an injury or illness while participating in this MWR event. I also give permission to the MWR, NSA Bethesda, to use my name or image by way of photograph, video or audio format taken of me during the MWR event in any promotional materials, publications, or any other electronic media in addition to disclosing my name on any website for promotional purposes.

NOTICE: Employees of and or those that have a vested interest of the Morale Welfare and Recreation are prohibited from entering and or winning any giveaway and or promotional prizes.

I certify that I have read and understand the intent of this waiver and release.

Signature: _____ **Date:** _____