






## EGG•SELLENT Sandwiches

	CALORIES
SANTA FE BURRITO	608
BAGEL SANDWICH 	1158
BACON, EGG & CHEESE CROISSANT	851
EGG & CHEESE CROISSANT	549
SAUSAGE, EGG & CHEESE CROISSANT	716

## CAFÉ Paninis

	CALORIES
CHEDDAR ROASTED TURKEY  	741
CUBANO	668
MEDITERRANIAN   	491


## SALAD Signatures

	CALORIES
CHICKEN SALAD  	698
COBB   	498
COBB WITH CHICKEN 	877
GREEK     	608
GREEK WITH CHICKEN    	987

## GRAB-N-GO

	CALORIES
CHICKEN SALAD CROISSANT	589
COOKIE  	328

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# NUTRITIONAL

## BENEFITS GUIDE

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-  HIGH IN CALCIUM
-  LOW CHOLESTEROL
-  HIGH IN VITAMIN A & C
-  HIGH IN PROTEIN
-  HIGH IN FIBER
-  LOW FAT
-  HIGH IN IRON
-  UNDER 500 CALORIES

### FULL MENU

*Caloric Counts*

**INNOVATIVE | ON TREND**  
**HEALTHY | MENU ITEMS**






**NSA**  
**BETHESDA**  
Building 62



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